

Novaks' Press Release

Competition Results from Novaks' Gymnastic Center

17535 Old Stage Coach Road, Dumfries, VA. 22026

Meet: WORLD TRAMPOLINE&TUMBLINGCHAMPIONSHIPS

Where: PAVILLION de laJEUNESSE
QUEBEC CITY,CANADA

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LEANNE SEITZINGER MEMBER OF WORLD CHAMPIONSHIP TEAM

The US Women's Tumbling Team won the World Championship title at the 2007 World Trampoline & Tumbling Championships in Quebec City, Canada. Novaks' own Leanne Seitzinger, along with Yuliya Hall of Idaho Falls, Idaho, Susannah Johnson of Roanoke, Va., and Kaitlin Tortorich of Haymarket, Va. gave the US something to cheer about at these World Championships by edging out Russia!

In the preliminary competition, Seitzinger performed exceptional routines and placed 12th. She was also a member of the team that won the Silver in 2005 World Championships. Leanne is in her sixth year as a member of the US National Team and a Novaks' member for 11 years.

To learn more about the sport of tumbling and trampoline and Leanne's road to success, please visit our website, www.novaksgymnastics.com or novaksoffice92@aol.com

USA GYMNASTICS Press Release is Below

USA wins women's team tumbling title *Americans also capture two double-mini tramp medals*

QUEBEC CITY, Que., Nov. 2, 2007 – The U.S. women's tumbling team won the world team title at the 2007 World Trampoline and Tumbling Championships in Quebec City, Que. In the double-mini trampoline team competition, the men won the silver medal, with the U.S. women coming in third. The individual event finals are scheduled for tomorrow at 1 p.m. The USA is competing in men's synchronized trampoline and in men's and women's tumbling and double mini-tramp.

"We are winning medals because our athletes are performing consistently and hitting their routines," said Steve Penny, president of USA Gymnastics. "What is also very impressive is how close they are as a team and how they support one another. It is very encouraging to see them go and represent our country with pride."

The USA bested defending world team tumbling champ Russia, 98.50 to 97.70. Great Britain was third at 96.60. Yuliya Hall of Idaho Falls, Idaho, Susannah Johnson of Roanoke, Va., and Kaitlin Tortorich of Haymarket, Va., competed in the tumbling team finals. Leanne Seitzinger of Stafford, Va., is the fourth member of the USA's gold-medal team.

"It feels absolutely amazing," said Tortorich, who will compete in the tumbling individual finals tomorrow. "I've never been more proud of my country. We just went out and rocked it. It will be hard to go back to the hotel and rest, but I've got to get ready for tomorrow, which is also my birthday!"

"It is exciting (to win the gold)," said Johnson. "We definitely screamed when we learned we won, and I think the entire arena could hear us. When there were two more athletes to go, we knew our chances were really good. Juliya's pass was so awesome, and the last athlete was Russia's Anna Korobeynikova, who is very dominant and hard to beat. She faltered a bit and we realized in the middle of her pass that we had it."

"We still can't believe we won," said Hall, who was a member of the 2005 women's silver-medal team and will compete in the individual event finals. "(Before my pass) I just tried to stay focused, thinking you have done so many passes to get here. (After my pass) I was on the floor with the coaches and watching scores. When I saw the final scores, I started running and screaming. Now, I am already thinking about tomorrow. "

Kalon Ludvigson of Idaho Falls, Idaho, Stephen Raymond of Byron Center, Mich., and Josh Vance of Byron Center, Mich., finished second in men's double-mini tramp team finals. Andrew Muzzarelli of Rockford, Ill., is the fourth member of the silver-medal team.

The men's team knew they had a medal after Ludvigson's pass and had to wait for gymnasts from the last two countries, Spain and Russia, to go to see which medal. The second-place finish is bittersweet for Vance, who announced his retirement from the sport at the end of the competition by placing his shoes on the mini-tramp. Russia posted 111.40 points to win the title, with the USA coming in at 109.60. Great Britain was third at 107.20

"I knew I had to hit my best pass because I was the first person and had to set the tone," said Raymond. "I was a little nervous, and there was a lot of pressure. The cameras were right there and I could feel the pressure, but did not let it get to me. We didn't know until last Russian went that we had the silver. We just hugged, celebrated and high-fived."

"This is my final World Championships," said Vance, who is a second-year emergency room resident. "I am retiring after this year. It is very special for me because our coach, George Drew, is my personal coach, and we've been vying for a gold medal since I started this. To get a silver medal again is amazing. This is my fourth go-round at Worlds and I'm ready to move on, although I still am going to be in sport, just not as an athlete."

"Because my two teammates had done awesome passes, I knew if I did my routine like I could, we had a chance to medal," said Ludvigson, who was third up. "There was a lot of pressure because some other countries had made mistakes, and the Americans before me had done the best passes of their lives. I knew if I hit, we had a medal and if I missed, we were out of it. Afterwards, I was relieved, especially because I did a pass I had never competed before.

"It is awesome and it has not really hit me yet," said Ludvigson, who will compete in the event finals. "It is fun to celebrate this achievement with the team, but tomorrow they expect us to be ready and focused for finals. It is awesome to walk back to the corral and share it with these guys.

Kaci Barry of San Diego, Calif., Aubree Balkan of Carlsbad, Calif., and Sarah Prosen of Apple Valley, Minn., earned the bronze medal in the women's double-mini tramp team finals. Because there were just three of them, they needed to hit all three routines in the team preliminaries (where four athletes can compete and top three scores count) and the team finals. Competing in their first World Championships, the three hit all of their routines and claimed their first world medals.

"I can't believe it," said Balkan, who went first for the United States. "There was pressure on all of us. I've never felt anything like it. I wanted to start us off well because we couldn't afford to miss anything or we wouldn't place. It was a great group of girls and it was awesome (to win)."

"I was up second, and my pass was a little messy, but I knew we still had Kaci, who is our rock," said Prosen. "I am so proud of all of us."

"While I was standing there waiting to go, I thought this is for my friends and those who are homeless (from the fires) and all of our fans who need something good to think about right now so just nail it," said Barry, who is from the San Diego-area that has been suffered from wild fires. "My pass is one of the top ones I have ever done. It was solid not perfect, but what we needed.

"It's amazing. It was so hard to control all of our feelings," said Barry, who will also compete in the individual event finals. "We just burst into tears. We are all newbies and brand new to this team thing. We are ecstatic."

"The athletes just did wonderfully," said Dr. George Drew, coach for the double mini-tramp. "The girls couldn't miss a routine and they went lights out and hit nine for nine. Neither team has missed a pass in the entire event. I couldn't be more proud and it was very exciting.

"Josh is retiring after a long career," said Drew, who coaches Vance in Grand Rapids, Mich. "He has gone through medical school and two years of residency, all while competing. That's pretty incredible. He moved to Michigan to go to med school and train with me. I told him we would accomplish two things, win world medals and get through medical school. And we have done that."

The U.S. women competed in the finals wearing the same red adidas leotards the women's gymnastics team wore when they won the world artistic gymnastics team title earlier this year. Thus far, the "red leo" has three world team medals to its credit, two gold and one bronze.

The 2007 World Trampoline and Tumbling Championships is the qualifying event for the 2008 Olympic Games in Beijing, China, and the 2009 World Games in Kaohsiung, Taiwan. Based on the results, 15 men and 15 women in trampoline earned berths for their countries for the Olympic Games. Brittany Dircks of Orland Park, Ill., finished 15th and secured a wild card Olympic spot for the USA's third straight appearance in women's trampoline.

The 2009 World Games, a multi-sport event for non-Olympic disciplines, will feature competition in tumbling, double mini-trampoline and synchronized trampoline. Each qualifying country is allowed one man and one woman in both tumbling and double mini, and one men's pair and one women's pair in synchronized trampoline.

Based in Indianapolis, USA Gymnastics is the national governing body for gymnastics in the United States. Its mission is to encourage participation and the pursuit of excellence in the sport. Its disciplines include men's and women's artistic gymnastics, rhythmic gymnastics, trampoline and tumbling, and acrobatic gymnastics. For more information, log on to www.usa-gymnastics.org.

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2007 World Trampoline and Tumbling Championships

Quebec City, Que.

Nov. 2, 2007

Team Finals

Women's tumbling

1. USA, 98.50
2. Russia, 97.70
3. Great Britain, 96.60

Women's trampoline

1. China, 115.20
2. Canada, 111.40
3. Russia, 107.90

Women's double mini trampoline

1. Russia, 104.70
2. Canada, 103.70
3. USA, 101.00

Men's double mini-trampoline

1. Russia, 111.40
2. USA, 109.60
3. Great Britain, 107.20

Men's tumbling

1. Russia, 113.90
 2. China, 111.90
 3. Belarus, 109.90
- U.S. finish*
5. USA, 106.40

Men's trampoline

1. China, 122.90
2. Japan, 119.50
3. France, 117.00